

# „Tiszta udvar Rendes ház” „Clean yard Neat house”

*Booklet*

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The project made with help of the European Commission.

„The project may not reflect the European Commission’ or the Hungarian National Burroe’s opinion, which institutions’ are not responsible for the project.”



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## The Erasmus+ Program

Erasmus+ is the European Union programme for education, training, youth and sport it has been running between 2014-2020. It is integrated seven EU's encouragement in a complex system, that assist to the supported branches' collaboration became more strength.

The duration of the project is 7 years and this program manage 14,7 milliards. They support all goals of this encouragement. The simplified fundatinal rules can help to the people request more easily, that is why rafly 4 millions European citizens can be supported. 10% of the whole fund available for youth with these rafly 500 000 young candidates' can get encouragement.



Our most important purposes are to develop the young people' competences, increasing of their participate in the democratic life and on labour market, to make good connection and communication between different nations, acceptance of society and inspiration of solidarity, make connection between the youth and the market labour, to develop the quality of the young workers' labour, the encouragement of reforms, to share achievements and show it for the people, to extend the capacity in this sphere for the countries which are not part of the EU.



In The Tempus foundation coordinate the Erasmus+ program's education and training in Hungary, the NCSSZI Erasmus+ youth program bureau is the national agency.

You can apply The Erasmus+ in three categories:

1. Individual mobility (KA1),
2. Collobarotion with this goal sharing of innovations and tested practices (KA2),
3. to support the reforms (KA3).

In the KA1-category you are able to apply to 3 activities.

- Youth professionalists' mobility
- European voluntary service
- National youth exchanges



The „INTERNATIONAL YOUTH EXCHANGE” program want to reach those young people who are between 14-30 and they take part on a training which takes 5 and 21 days.

The project’s main goal that the youths take part on a training where they can improve their competences on different areas with nonformal learning methods, it’s depend on what are the program’s subjects.

- The young people accomplish the program together, what they make together before the project begining.
- The exchange make a chance to meet with new cultures,habits, lifestyles and all these may help the participaters improve their competences,solidarity and democratic values.
- It’s can be 2 or multilateral, different Eu countries’ and not just european one’ collaboration which take place in one of the participant country.



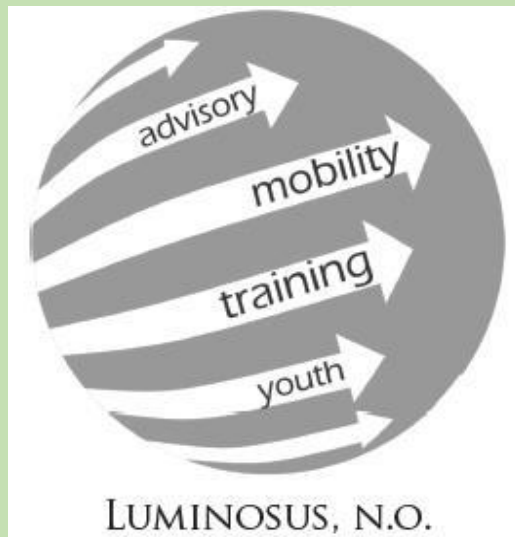
*The above used pictures and sources are from the Erasmus+ site.*

## Participant organizations

### Luminosus n.o.

A Luminosus n.o. non-profit organization had grounded in 2008. Their main goal is that their activity help rise social-cultivation in the Bodrogköz and Ungvidék. Their main activities are: organize english language trainings (for everyone and on all language levels), organize seminars and conferences, different project tendering activities, project tendering,project managing,project making,in addition they give advise about the domestic and the european training programs,project tendering possibilities.Their acticity include in the strong

corporation with the the Leonardo Da Vinci european firms ,moreover regional language exmamine organizasiton has worked for years,and we take care of at home and also in foreign lot of experience of organize



Lifelong learning- in program with they work as an ECI centre.Our with young people finding job for them countries. We have a trainings and

professional programs for the youth. In 2017 we have organized an erasmus+ program in Slovakai and we were as a partner consitution thereby we have competent knowledge in the exchange programs' organizasiton.

## Fundacja Szkoła z Kultúra

The 'Szkoła z Kultúra' has established in 2015 where the main goal is supporting the schools in Jablonka especially the sport activities and culture. The foundation encourage the 15-19-year people' interests at several area for instance art, journalism, photography, sport, music, dancing etc. This also inspire and support the students in volunteer service. The students collect money, dresses, food-stuffs for poor people. The main aim is not just give assistance for humans

but also for animals project is interested and they want to with other european school organize which increase the the humans tremendous impact warming, pollution on this actively are them teach subject



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too. Everyone in the in the animals rights share their experinces young adults. The ecological events consciousness about activities have on our nature(global etc.) Those who work the teachers. Most of which is connected to

one specifical profession(cooking, agriculture, building etc) The school's teachers and the foundation's teachers teach the students not just about the subjects but also about the animals' rights and the curelty to them and what can we do against it. One of the participant teamleader is an english teacher who is responsible for the collaboration whit other countries in addition all of the projects which are in connection with the erasmus +. This teacher made several course which want make better this work and also find more partnerships for this phenomena.

## „Kárpátkanyar Egyesület”

The **Kárpátkanyar Union** is a new organisation which was founded by ardent young adults in 2015 Sepsiszentgyörgy to protect their environment, and the most significant values of the Kárpát-medence. Our

work at other volunteers. They didn't they thought the earned effective in a collective Our members have collaboration for the medence's tourism, educational,



members before this organizasitons as give up these jobs, but experiences will more organizasiton.

wanted to made a karpatian and karpat-cultural, social, gastronomy, charitable

and environmental protection activity improvement, popularization, organization.

Our main aims to protect the natural and constructed values in this regio. And also to protect those people' identity who live there, to get know with others more about the several ethnic groups' culture, therefor they might be closer for a greater purpose. We think it is important to assure same possibilites for the poor, help them, support them, and also make awareness raising campaigns.

More over our main activity to organize severel trips for to get more knowledge about our home. This have other goals too for example to activate the citizens mainly the youth, and to interpret those countrysides, values which can be dissappear without encouegment. And It's also support the traditional agriculture, local production which they can aquire during the programs.



## Kárpátikum Uticility Foundation



The Kárpátikum uticility foundation was established in 2006 Eger and it has at this time there are 5 domestic parks next to the centre chief.

The foundation concentrete on the next goals:

The countryside improvments reasearch of innovative methods and spread it. With this we want to help the undeveloped areas become more succesful economically and socially with the correct eruopean use in our situtations. It of the young adults. I stronger their role. It is important to environmentally friendly communities national solidarity. We train the youth for these methods which we can is important involvment mean we should make participation and social interpret the friendly and social genre and a strong need to motivate and goals.



The organization mostly made programs with sustainability topics: popularization of renewable energy resources, development of poor regions, trainings of countryside developer, to encouerge transborder hungarians, popularization of environmental protection, to organize camps.

## Our Accomodation

The palóc settlement is located in the beautiful Tárkányi-medence, between the Várhegy and the Órhegy, at gate of the Bükkhegység, northeast boundary of Heves county, 6km from Eger. Our hotel the Park hotel Táltos which are, from the beautiful baroque city, a few km from the Eger wine-growing region. The clean air, the wonderful natural environment's beauty fascinate mostly the hikers and tourists.



The highland hotelcomplexum are in magnificent 3,5 acre park where we can find a lots of several accomodations(hotel,holiday resort,tourist accomodation). We wait for those lovely guests who want to rest or do some sports. In our conference rooms and auditoriums are possible to make meetings, consultations, promotion of products, and organize foreign language camps . In the hotel the guests can spend their time in sauna with jacuzzi, a cheerful bar, they can also play darts, billiard or can bake some bacon at the comfortable fire places We have possibilities too for those who search some active relaxations and make some sport activity. There are a handball-,volleyball-,basketball-,tennis court in the park. In addition there are some special programs too which can make more unforgettable the vacation for instance woody dinkey line, trips with professional leaders.



## The exchange program's theme



The project name is the „Clean yard Neat house”. This program's theme is to train the youth for environmental consciousness. The project has been during 2018 June. 12 youths have come from each country (the program's numbers was 48).

We have made the programs from all topics which can train the young adults to be environmental consciousness. We have made the program's elements with our partner organization. We emphasized the using of competent English language because it was important for us.

We wanted to make with the teamleaders and the organizational representatives an exchange program which improve the young adults' professional competences but it's not boring or monotonic. That is why we made a lots of games which can help them to get to know more each other. Our creed and imaginations before the project beginning were that the guests can get some plus of the theme, and then they can get some unforgettable experiences during the session. That is how we put the training of environmental consciousness and using of renewable resources in everyday life. We can mention here the solar power energy, wind-, water- or geothermoenergy too .

We knew we should talk about these. In addition we mention a lots of elements like ecological footprint, carbon footprint, and water footprint. We wanted to show them these things in

practise and who can we use the renewable energy resources. We presented this with our partnerships.



We earlier discussed which organizations present this or that theme . We wanted to be in balance that is why everyone takes part in it. It was also important to talk about global problems too. I mean the impacts of climate change and the human's overconsumerism. These things cause tremendous problems all over the world, and we mustn't leave

out of consideration this. The youth should recognize these effective factors and then we should decrease to emit these poisonous materials,exhaust fumes etc. Than we maybe solve several global problems. I want to finish this topic's thoughts with a quotation.

„We Do Not Inherit the Earth from Our Ancestors; We Borrow It from Our Children”

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## **The areas of competence to be developed by the project**

In the course of the project youngsters can develop several key competences and abilities:

### **Competence regarding natural sciences and technology:**

The program included several exercises that were to develop the competence regarding natural sciences and technology. These included the introduction to the ecological footprint, the carbon footprint, the water footprint, the cognition of renewable energy sources and an insight into their usage in practice.

In the course of the project, we designed such elements that the main policy would be the competence regarding natural science and technology. Our goal was for youngsters to have a wider understanding of their role in the circulation of the world and to get acquainted with the ecological footprint they leave on nature. We would like to encourage youngsters to live their everyday lives with an eco-conscious view and leave this view as a heritage for the generations to come. The most important elements of the exchange were these exercises, which included several working styles:



Small group exercises, round table discussions, poster design, presentations and attending practical classes.

### **Business competence and exercises developing the skill to initiate:**

In the project business competence and initiation skills are present to a smaller extent. We think that this competence is important because there are some people in our professional team who do business work and wish the youngsters to get acquainted with it. Leading a business means great responsibility and challenge and that is why we would like to show that if they have such ambitions, this project can assist them. As an exercise we gave the founding of a horticulture and a beauty business for the participants. The youngsters had to work in small groups in a way

that everyone got their position in the business. There were really good ideas in the course of the program.

The next area to be developed was **cultural competence** that included cooperation between the different ethnic groups and getting to know each other's culture. It is important to get to know each other so that we can overcome stereotypes from the past and be open towards other cultures.

**Digital competence** was also present because we constantly used IT tools and the participants had to download three applications that we used throughout the course of the project. Water-, carbon- and ecological footprints each have an application that helps their user to calculate the footprint they leave on the earth. The results caused great surprise for the participants as they had seen the large amount of energy sources used by a single human in a couple of days or a week.



**Learning how to learn** is a competence that also needs to be mentioned when it come to Erasmus+, because over the course of this project we use informal learning methods. It is important not to call the youngsters to account but rather view them as equal partners and listen to their opinion regarding a topic. An important element of this competence is that the students can learn from each other via groupwork or even by talking to each other. The implemented program plan: We designed the project so that it would include a clear learning process. We planned each day in advance so that the program elements follow each other consciously.

# Our program

## 1 st day

On the first day after the arrival of the participants we began the exchange program with playful exercises. The aim was to ease the inhibition of the youngsters for the course of the exchange. We spent the whole day with getting to know each other in order to establish a homely atmosphere.

There were several trust games included in the exercises, as well as some funny ones and both helped easing up the atmosphere. One game worth mentioning is Bingo, which helps getting to know others with the help of funny questions. Before dinner our partners held an introduction of their organisation to them, each lasting fifteen minutes. The aim was for the participants to get information about the functioning of their organisation, and afterwards in the evening the youngsters could get to know each other with the help of unbound programs.



## 2nd day

Our second day was about getting acquainted with the European Union. Our aim was to test the knowledge of the youngsters about the institutions of the EU. Over the course of the day there were small group exercises that were mostly playful. We did not want the program elements to be too monotonous or feel like a lecture, that is why we put several quizzes together. We started the day by introducing the institutions of the EU so that the participants would have basic information regarding the topic.

Later, we talked about youth policy and continuously went on to getting acquainted with the Erasmus+. After a short presentation they got to know what aims the program has and what

opportunities it offers for them. As a closing we projected some videos about past exchange programs and not long after the YouthPass certification and its advantages were introduced. After the programs we prepared a karaoke night for the participants.

### 3rd day

On the third day we started out with the professional programs. The theme was water and the whole day was built around on it. At the beginning we illustrated how important water is as a component of life. At this point we made the event more interactive with round table discussions. We talked about global problems like water pollution and what areas do these problems concern.



After that we dealt with the kinds of energy sources water can provide and the ways they can be used. Students needed to come up with ideas of equipment that use water as a source of energy in small groups. Water is a renewable energy source that can be used in several ways. In the course of the program we talked about water energy and what country concerns with it the most. We used a quiz exercise for this which needed to be solved by teams of five.

After lunch the saving of water came into the foreground and we talked about ways to save water. In the late afternoon the task was to determine the water footprint which was important due to the fact, that it showed the youngsters how much water they use with certain activities. They found it surprising to find out how much water they use or how much is needed for a pair of jeans to be made..





#### **4th day**

On the fourth day the solar energy was in our focus, as well as its uses in practice. We started out by getting acquainted with gases that cause greenhouse effect and we watched videos about global environmental problems caused by the climate change. It was sad to see how much the Earth suffers under human intervention. At this point we improvised a program element because we wanted to see what the youngsters think about the topic and what solutions they see that can help in the fight against global warming. We asked questions in the form of a round table discussion and listened to everyone's personal opinion about what they would do if they were the Minister for Environment.

Further on, we designed the program elements to include groupwork and several round table discussions because we were curious about the youngsters' opinion. They also had an exercise in which they had to design how their eco-friendly house would look like. The aim was to see to what extent can solar energy be introduced to homes as a form of renewable energy.

The final element of the day was the invention of innovative tools. Some ideas included: tiles with solar cells, tiles that produce energy.



#### **5th day**

We started the day with energising games to wake the youngsters up. In the morning the participants had to work alone as they got the task to design their own household.

Based on fictive data, they needed to calculate how much they would use certain energy sources (water, gas, electricity) in their house. We wanted to increase their responsibility with this task. In the next exercise they needed to determine what would the ideal consumption be for their

household based on certain numbers and calculate the amount of salary needed to keep this household running.

After this in the course of an argument the youngsters needed to argue for fossil or renewable energy sources and list their pros and cons. They needed to justify their opinion on which type they use and later share these ideas with the others. After lunch the task was to determine the carbon footprint using an application that was able to calculate it.



## 6 th day

The theme of the day was ‘rubbish or treasure’. We designed the programs so that the youngsters get to know what selective waste collection really is. After a short introduction we watched a film about the recycling of selective waste.

Afterwards, we asked the participants to start collecting plastic bottle caps so that we can hand them to those who collect them.

After these introductory exercises we collected rubbish together around our accommodation to express that everyone, young and old alike, should feel responsible for their environment. We even did some gardening, as we planted two small flowers as well.



After this time spent outdoors, we found ourselves in the conference room again and continued our training with talking about ways to use rubbish again by making tools from it. (e.g.: beer collector, that can be used to heat water or to dry something)

Later, the youngsters had to invent innovative tools from PET bottles that can be used in everyday life. The task proved to be quite hard and that is why there were only a few solutions. A rövid bevezető programok után közösen gyűjtöttünk szemet, amiből mindenki kivette a saját

## 7th day

We started the day with playful warmup exercises so that the youngsters would get energetic.

Afterwards we put the focus on professional programs, the theme of the day was making order at the garden and the house. They had to design how a house with self-sustaining energy would look like. It was crucial that they designed it in a way that it would work in practice and not only in theory.

Our aim was to see how the youngsters can use their knowledge to create an eco-household.

After lunch, we visited Eger as requested by the participants, as the Polish participants were very religious, so they asked to visit the Basilica in the center of the city, and if we were already nearby, we visited the building of the Lyceum and the magic tower. Then we visited the Botanical Garden, where Pénzesné dr. Erika Kónya led us around.





In the evening we talked about soil melioration methods, the emphasis was on composting and its good influence on the soil. The aim was for the youngsters to get acquainted with these methods so that they can later use them in their own household. We finished the day with everyone introducing the gastronomy of their country in a couple of sentences.

## 8th day

On the penultimate day we dealt with a slightly different topic. Funding businesses and youth unemployment were in our focus. We gave the participants exercises in which they had to rely on their creativity. First, we introduced the concept of unemployment and saw to what extent is it present in Europe.

This day was the forerunner of our next project which dealt only with youth unemployment and disadvantage. On this day we held two round table discussions regarding the topic where everyone could express their opinion on it. Everyone had the same opinion of unemployment being one of the biggest problems that humans must face, especially in the Mediterranean countries. The youngsters had to work in groups again on creating a horticulture business and plan everyone's job in it. (builder, marketing, purveyor etc.)



They also needed to provide some fictive information about the business, for example how long it had been functioning and what works they had done so far. Afterwards they needed to introduce their marketing methods.

## 9th day

The youngsters were given the chance to evaluate the exchange program, and what experiences and competences did they gain over the course of it. These pieces of information are to be considered by the leaders of the project to see what elements need to be emphasised more in the future. Over the course of the project the youngsters were exposed to a lot of stimulation, but it was always manageable to bring the maximum out of the project and we would therefore like to thank the staff and the group leaders. The institutional evaluation turned out to be quite positive as well since this was our first project in English and the staff therefore tried to do their best for the kids to have positive experiences. The experiences of the participants were recorded on camera.



Some pictures from the exchange program







**Felsőtárkány**

**2018**